

Module Description: Psychiatric Nursing (21R01130403)

Module designation	Course Module
Semester(s) in which the module is taught	V
Person responsible for the module	Nurlaila Fitriani, S.Kep., M.Kep., Ns. Sp.Kep.J (coordinator)
Language	Bilingual, Bahasa Indonesia and English
Relation to Curriculum	This course is a compulsory course and offered in the 5 th semester.
Teaching Methods	<p>Teaching methods used in this course are:</p> <ul style="list-style-type: none"> - Lecture (i.e., SGD, Problem Based Learning, Focus Group Discussion, case study, demonstration) - Structured assignments (i.e., report) - Practice in Nursing Laboratory (i.e., Clinical Skill Lab) - Team based project during Clinical Fieldwork (i.e., field observation) <p>The class size for lecture is approximately 60 students, while for clinical skill lab is about 15 -20 students for each lecturer and clinical field work is about 7 – 10 students for each lecturer.</p>
Workload (incl. contact hours, self-study hours)	<p>Contact hours for lecture is 26.67 hours, assignments are 32 hours, and practice are 45,33 hours.</p> <p>For this course, students are required to meet a minimum of 136 hours in one semester, which consist of:</p> <ul style="list-style-type: none"> - 26,67 hours (equals with ECTS) for lecture, - 32 hours for structured assignments, - 32 hours for self-study hours, - 45,33 hours for clinical skill laboratories and clinical fieldwork.
Credit points	3 credit points (equivalent with 4.53 ECTS)
Required and recommended prerequisites for joining the module	<p>Students must have taken following courses:</p> <ol style="list-style-type: none"> 1. Adult Nursing: Endocrine, Digestive, Urinary, and Immunology Systems 2. Psychiatric and Psychosocial Nursing 3. Reproductive Health Nursing 4. Pediatric Nursing: Health and Acute Illness 5. Family Nursing 6. Community Nursing Concepts
Module objectives/intended learning outcomes	<p>After completing the course and given with a psychiatric nursing case, students will be:</p> <p>Knowledge: CLO1: Able to understand the concept of psychiatric nursing for clients and families (K)</p> <p>Skill: CLO 2: Able to simulate psychiatric nursing care for clients with mental disorders. (S1).</p>

	<p>Competence:</p> <p>CLO 3: Able to compose documentation of the mental health nursing process for clients and families (C1).</p> <p>CLO 4: Able to identify trends and issues as well as evidence-based practices in psychiatric nursing (C4)</p> <p>CLO 5: Able to demonstrate critical thinking skills in psychiatric nursing services during early exposure (C5)</p>
Content	<ol style="list-style-type: none"> 1. Nursing care for clients experiencing low self-esteem and social isolation, delusions and hallucinations, violence and suicide risk, and self-care deficits. 2. Psychiatric nursing care for clients and families affected by Covid-19 and chronic illnesses such as HIV-AIDS. 3. Nursing care for children with special needs, victims of sexual assault, victims of domestic violence, victims of trafficking, juvenile delinquents, and street children. 4. Psychiatric nursing care for special populations and clients with substance abuse issues. Recovery concept: Characteristics of recovery, models, and supportive environments. 5. Management of professional psychiatric nursing services in clinical and community settings 6. Modalities of therapy: Pharmacological therapy, somatic and psychopharmacological therapy, CBT (Cognitive-Behavioral Therapy), family therapy, occupational therapy, rehabilitation, and environmental therapy.
Examination forms	<p>Written exam: Multiple Choice Questions using Vignettes.</p> <p>Skill examination: Objective Structured Clinical Examination (OSCE)</p>
Study and examination requirements	<ul style="list-style-type: none"> - Students must attend 15 minutes before the class starts. - Students must inform the lecturer if they will not attend the class due to sickness, etc. - Students must submit all class assignments before the deadline. - Students must attend all classes of clinical skill laboratories. - Student must attend the early clinical exposure. - Student must attend OSCE to get final clinical examination grade. - Students must attend the exam to get final grade. - Students must get final mark minimum of 40
Reading list	<ol style="list-style-type: none"> 1. Stuart, G.W.T., Keliat B.A., Pasaribu J. (2016). <i>Prinsip dan Praktik Keperawatan Kesehatan Jiwa Stuart</i>. Edisi Indonesia 10. Mosby: Elsevier (Singapore) Pte Ltd. 2. Berman, A., Snyder, S.J., Koziar, B., & Erb, G.(2008). <i>Fundamental of Nursing, Concept, Process and Practice, 8ed.</i> USA: Pearson Education, Inc.

	<p>3. Boynton, B., (2016). <i>Successful Nurse Communication. Safe Care, Healthy Workplaces & Rewarding Careers</i>. Philadelphia:F.A. Davis Company.</p> <p>4. Hockenberry, M.J. & Wilson,D. (2014). <i>Wong's Nursing care of Infant and children</i>. 10 th edition.Mosby: Elsevier Inc.</p> <p>5. Mundakir. (2016). <i>Buku Ajar Komunikasi Pelayanan Kesehatan</i>. Indonesia: Indomesia Pustaka & Distributor.</p> <p>6. Sarfika, R., Maisa, E.A., & Freska, W. (2018). <i>Buku Ajar Keperawatan Dasar 2 Komunikasi Terapeutik Dalam Keperawatan</i>. Indonesia: Andalas University Press.</p> <p>7. Townsend, Mary C. (2009). <i>Psychiatric Mental Health Nursing: Concept of Care in Evidence Based Practise (6thEd)</i>. F.A. davis Company</p> <p>8. Keliat, B. A., Hamid, A. Y. S., Putri, Y. S. E., Daulima, N. H. C., Wardani, I. Y., Susanti, H., Hargiana, G., & Panjaitan, R. U. (2020). <i>Asuhan Keperawatan Jiwa</i>. Jakarta: EGC.</p> <p>9. Nurhalimah, N. (2016). <i>Keperawatan Jiwa</i>. Kementerian Kesehatan Republik Indonesia</p> <p>10. Sriati, A., Kurniawan, K., Senjaya, S., Khoirunnisa, K., Muslim, R. N. I., Putri, A. M., Aghnia, N., & Fitriani, N. (2023). The Effectiveness of Digital-Based Psychotherapy in Overcoming Psychological Problems in College Students During the COVID-19 Pandemic: A Scoping Review. <i>Journal of holistic nursing : official journal of the American Holistic Nurses' Association</i>, 8980101231162990. Advance online publication. https://doi.org/10.1177/08980101231162990</p>
Cluster of Competence	Nursing Clinical Sciences and Skills
Form of Assessments	<ul style="list-style-type: none"> - Class/group participation (20%) - Assignment: Case study report (10%), Team-based project report 1 (10%), Team-based project report 2 (15%), - Written Test (20%) - Quiz (10%) - OSCE (15%)
Date of last amendment made	July 2021

Course Learning Outcome Assessment of Learning Outcomes for Course Modules

Course Module Name : Mental health and psychiatric Nursing
Code : 21R01130403
Semester : III
Person responsible for the module : Nurlaila Fitriani, S.Kep., M.Kep., Ns.Sp.Kep.J
Lecturers : 1. Prof. Dr. Ariyanti Saleh., S.Kp., M.Si
 2. Akbar Harisa., S.Kep., Ns., MN., PMNC
 3. Dr. Hastuti., S.Kep., M.Kes.

Intended Learning Outcomes	Course Module Objectives	List of Assessments	List of Rubrics
<p>Knowledge (K):</p> <p>Nursing graduates master nursing science and also information system and technology to provide patients with nursing care based on scientific nursing process and approaches</p>	<p>Knowledge:</p> <p>CLO2: ble to understand the concept of psychiatric nursing for clients and families (K)</p>	<p>Assignment:</p> <ul style="list-style-type: none"> - Case study report : Students are asked to compile a nursing care report according to the case obtained, using applicable nursing care standards. <p>Written exam: Multiple Choice Questions using Vignettes.</p> <ul style="list-style-type: none"> - Mode of delivery: Online through Learning Management System (LMS) & paper-based exam. - Total number of questions: 50. - Each question must be completed within 1 minute. - Duration of exam: 50 minutes. 	<p>Rubric for Multiple Choice Questions</p> <ul style="list-style-type: none"> - Scored 1, if the answer is correct. - Scored 0, if the answer is wrong. - Final grade= Total corrected items divided by total items multiply 100. <p>Rubric for case study report</p>

Intended Learning Outcomes	Course Module Objectives	List of Assessments	List of Rubrics
		Group presentation	Rubric for Presentation
<p>Competence (C1):</p> <p>Graduates are able to provide comprehensive and continuous nursing care that ensures research-based patient safety in accordance to nursing care standards in all areas of nursing particularly of diseases that are common in Indonesia as a tropical and maritime country.</p>	<p>Competence:</p> <p>CLO3: Able to compose documentation of the mental health nursing process for clients and families (C1).</p>	<p>Clinical Skill Lab Mastery:</p> <p>Objective Structured Clinical Examination (OSCE)</p> <p>Assignment:</p> <p>Students create videos about health education related to psychopharmaca, modality therapy, family therapy, group activity therapy etc. The viedowa are presented in front of the class and then revised based on feedback from the faculty team. The revised videos are then used for direct patient education during the early clinical exposure stage.</p>	<p>Rubric for Clinical Skill Lab Observation</p> <p>Rubric for poster presentation</p> <p>Rubric for poster assessment</p>

Intended Learning Outcomes	Course Module Objectives	List of Assessments	List of Rubrics
<p>Competence (C4):</p> <p>Graduates are able to improve the quality of nursing and health services by implementing research skills and integrating nursing theories into practices.</p>	<p>CLO 4: Able to identify trends and issues as well as evidence-based practices in psychiatric nursing (C4)</p>	<p>Assignment:</p> <p>Students are asked to compose a paper on trends and issues, as well as evidence-based nursing practices in psychiatric nursing</p> <p>Assignment</p> <p>During the early clinical exposure period, students are given tasks to assess patients, analyze data, formulate nursing diagnoses, determine nursing intervention plans, and implement non-invasive interventions that can be performed by students. The results are reported in groups in the form of a complete nursing care report.</p>	<p>Rubric for paper</p> <p>Rubric for group presentation</p> <p>Rubric for nursing care report</p>
	<p>CLO 5: Able to demonstrate critical thinking skills in psychiatric nursing services during early exposure (C5)</p>		

Proportion of assessment aspects according to the course learning outcomes.

No	Code	CLO	Sub CLO	Learning Method	Metode Evaluasi						Proporsi	
					Participatory Analysis	Project result	Assignment	Quis	Mid-test	Final Test		
1	K	CLO 1	Sub CLO 1	Lectures, discussions, case method	•							
							Assignment: case study report 10%			Final test: MCQ 5%	15%	
2	S	CLO 2	Sub CLO 2	Lecture				Quis 5%			5%	
				Discussion, case method			Assignment: case study report 10%			10%		
			Sub CLO 3	Discussion, case method	Assignment: case study report 10%						10%	
				Lecture			Assignment: case study report 5%		Final test: MCQ 15%	30%		
3	C1	CLO 3	Sub CLO 4	Team-based project		Assignment : Team-based project: creating video education 15%					10%	
				CSL Lecturer			OSCE 10%				10%	
4	C4	CLO 4	Sub CLO 5	Team-based project		Assignment : Team-based project: creating a					5%	

Example of Written Test Exam

1. A 36-year-old man is being treated at a mental hospital due to discontinuation of medication for the past 2 months. Currently, the client appears confused, autistic, wandering, speaking incoherently, and emitting an unpleasant odor from his body. Based on the case above, the main issue the client is experiencing is? **(CLO 1)**

- A. Risk of violent behavior
- B. Low self-esteem
- C. Self-care deficit
- D. Social isolation
- E. Hallucinations

2. A 50-year-old man was brought to a mental hospital by his family because he isolated himself and refused to eat. Upon assessment, the patient stated that he feels useless and meaningless to others. The patient also mentioned feeling ashamed to socialize with others.

What is the nursing action for this case? **(CLO 2)**

- A. Identifying the patient's current needs
- B. Simply listening to the patient's heartfelt expressions
- C. Identifying the patient's positive abilities
- D. Assessing the patient's initial abilities
- E. Planning activities in the patient's activity book

3. A 15-year-old girl is brought to the Mental Hospital by her family because she isolates herself in her room, refuses to go to school, and avoids bathing after her leg became paralyzed due to an accident. During the assessment, the client states a preference for solitude, feels embarrassed to socialize with others due to her physical differences, her posture appears hunched, and she has poor eye contact. Occasionally, the patient seems to talk to herself.

What is the nursing problem in the case above **(CLO 3)**

- A. Social isolation
- B. Low self-esteem
- C. Hallucinations
- D. Self-care deficit
- E. Ineffective individual coping