

Module Description: Palliative & End of Life Nursing (21R01131202)

Module designation	Course Module
Semester(s) in which the module is taught	VI
Person responsible for the module	Dr. Rosyidah Arafat., S.Kep,Ns.,M.Kep. (coordinator) Dr.Yuliana Syam,S.Kep.,Ns. M.Si Saldy Yusuf., PhD Dr. Andina Setyowati, S.Kep.,Ns. M.Kep Nur Maulid, S.Kep.,Ns. M.Kep Dr. Suni Hariati, S.Kep.,Ns. M.Kep
Language	Bilingual, Bahasa Indonesia and English
Relation to Curriculum	This course is a compulsory course and offered in the 6 th semester.
Teaching Methods	Teaching methods used in this course are: Lecture, Field Practice Observation, Discussion, Case Study, Small Group Discussion (SGD), Video-based learning, Simulation-based learning, Clinical Skill Labs (CSL), Journal reading The class size for lecture is approximately 60 students, while for clinical skill lab is about 15 -20 students for each lecturer and clinical field work is about 7 – 10 students for each lecturer.
Workload (incl. contact hours, self-study hours)	Contact hours for lecture is 13,33 hours, assignments are 16,00 hours, self-study 16,00 hours, and practice are 45,33 hours. For this course, students are required to meet a minimum of 90,67 hours in one semester, which consist of: 13,33 hours (equals with ECTS) for lecture, 16,00 hours for structured assignments, 16,00 hours for self-study hours, 45,33 hours for clinical skill laboratories and clinical fieldwork.
Credit points	2 credit points (equivalent with 3.02 ECTS)
Required and recommended prerequisites for joining the module	Students must have taken following courses: Philosophy and Nursing Theory Basic Concept in Nursing Nursing Process and Critical Thinking Basic Biomedical Science Farmacology in Nursing Basic Communication in Nursing Psychosocial and Cultural in Nursing Human Basic Needs Fulfillment Basic Skills in Nursing Basic Science in Nursing
Module objectives/intended learning outcomes	After completing the course and given with a maternity nursing case, students will be: Attitude:

	<p>CLO 1. Providing palliative nursing care based on the nursing perspective, concepts, and ethics of palliative care (A).</p> <p>Knowledge:</p> <p>CLO 2. Understanding the nursing process for patients with a terminal illness (palliative care) (K).</p> <p>Competence:</p> <p>CLO 3. Providing comprehensive and continuous palliative nursing care and end-of-life care that ensures patient safety based on research findings and in accordance with palliative nursing care standards (C1).</p> <p>CLO 4. Integrating research findings into palliative nursing care and end-of-life care (C1).</p>
Content	<p>Students will learn about:</p> <p>The perspective of nursing and concepts of palliative care, ethics, policies.</p> <p>Techniques for delivering bad news,</p> <p>Communication skills,</p> <p>Holistic needs of palliative patients,</p> <p>Pain management,</p> <p>Various complementary therapies, and religious and cultural perspectives on chronic illness.</p>
Examination forms	<p>Written exam: Multiple Choice Questions using Vignettes.</p> <p>Skill examination: Objective Structured Clinical Examination (OSCE)</p>
Study and examination requirements	<p>Students must attend 15 minutes before the class starts.</p> <p>Students must inform the lecturer if they will not attend the class due to sickness, etc.</p> <p>Students must submit all class assignments before the deadline.</p> <p>Students must attend all classes of clinical skill laboratories.</p> <p>Student must attend the early clinical exposure.</p> <p>Student must attend OSCE to get final clinical examination grade.</p> <p>Students must attend the exam to get final grade.</p> <p>Students must get final mark minimum of 40</p>
Reading list	<p>African Palliative Care Association. (2010). <i>A handbook of palliative care in Africa</i>.</p> <p>2. Arafat R, Sitorus R, Mustikasari, Majid A. (2018). Spiritual Coping in People Living with Stroke. <i>International Journal of Caring Science</i> ; Vol 11 (2) : 658-662.</p> <p>3. Arafat R, Saleh A, Hapsah, Harisa A. (2022). Pengaruh Pelatihan Intervensi Psikososial terhadap Pengetahuan Perawat Covid-19 di RS Sayang Rakyat. <i>Jurnal Penelitian Kesehatan Suara Forikes</i>: Vol 13 : 122-125.</p> <p>4. Campbell, H. (2012). <i>Nursing & health</i></p>

	<p><i>survival guide palliative care</i>. New York, NY: Pearson Education Limited</p> <p>5. Dahlin, C., Coyne, P. J., & Ferrell, B. R. (2016). <i>Advanced practice palliative nursing</i>. New York, NY: Oxford University Press.</p> <p>6. Ferrell, B. R. (2015). <i>HPNA palliative nursing manuals structure and processes of care</i>. New York, NY: Oxford University Press</p> <p>5. Ferrell, B. R., & Coyle, N. (2010). <i>Oxford textbook of palliative nursing</i> (3 ed.): Oxford University Press.</p> <p>6. Kementerian Kesehatan. (2007). <i>Permenkes No: 812/Menkes/SK/VII/2007: Kebijakan Perawatan Paliatif</i></p> <p>7. Matzo, M., & Sherman, D. W. (2011). <i>Palliative care nursing: Quality care to the end of life</i>. New York, NY: Springer Publishing Company</p> <p>8. O'Connor, M., & Aranda, S. (2016). <i>Palliative care nursing a guide to practice</i>. Boca Raton, FL: CRC Press</p> <p>9. Payne, S., Seymour, J., & Ingleton, C. (2008). <i>Palliative care nursing: Principles and evidence for practice</i> (Second ed.). New York, NY: Open University Press.</p> <p>10. Schroeder, K., & Lorenz, K. (2018). Nursing and the Future of Palliative Care. <i>Asia-Pacific Journal of Oncology Nursing</i>, 5(1), 4-8. doi: 10.4103/apjon.apjon_43_17</p> <p>11. Wittenberg-Lyles, E., Goldsmith, J., Ferrell, B., & Ragan, S. L. (2013). <i>Communication in palliative nursing</i>. New York, NY: Oxford University Press.</p> <p>12. Kemenkes. 2015. Program paliatif kanker.</p>
Cluster of Competence	Nursing Clinical Sciences and Skills
Form of Assessments	Assignment (45%) : Case study report ,Team-based project trend and issue report. Written Test (35%) OSCE (20%)
Date of last amendment made	July 2023

Course Learning Outcome Assessment of Learning Outcomes for Course Modules

Course Module Name : Palliative and End of life Nursing
Code : 21R01131202
Semester : VI
Person responsible for the module : Dr. Rosyidah Arafat., M.Kep
Lecturers : Dr. Yuliana Syam, S.Kep.,Ns. M.Si
 Saldy Yusuf., PhD
 Dr. Andina Setyowati, S.Kep.,Ns. M.Kep
 Nurmaulid, S.Kep.,Ns. M.Kep
 Dr. Suni Hariati, S.Kep.,Ns. M.Kep

Intended Learning Outcomes	Course Module Objectives	List of Assessments	List of Rubrics
Attitude (A): <i>Nursing graduates are individuals who are pious and maritime spirited, exhibit professional behaviors, ethical principles, legal perspective, and embrace culturally sensitive aspects in nursing</i>	After completing the course and given with a palliative and end of life nursing case, students will be: CLO 1. Providing palliative nursing care based on the nursing perspective, concepts, and ethics of palliative care (A).	Class participation	Rubric for class participation Rubric for Multiple Choice Questions
Knowledge (K): Nursing graduates master nursing science and also information system and technology to provide patients	Knowledge: CLO 2. Understanding the nursing process for patients with a terminal illness (palliative care) (K).	Assignment: Case study report : Students are asked to compile a nursing care report according to the case obtained, using applicable nursing care standards.	Rubric for Multiple Choice Questions Scored 1, if the answer is correct. Scored 0, if the answer is wrong.

Intended Learning Outcomes	Course Module Objectives	List of Assessments	List of Rubrics
<p>with nursing care based on scientific nursing process and approaches</p>		<p>Written exam: Multiple Choice Questions using Vignettes.</p> <p>Mode of delivery: Online through Learning Management System (LMS) & paper-based exam.</p> <p>Total number of questions: 100.</p> <p>Each question must be completed within 1 minute.</p> <p>Duration of exam: 100 minutes.</p> <p>Individual and group presentation</p>	<p>Final grade= Total corrected items divided by total items multiply 100.</p> <p>Rubric for case study report</p> <p>Rubric for Presentation</p>
<p>Competence (C1):</p> <p>Graduates are able to provide comprehensive and continuous nursing care that ensures research-based patient safety in accordance to nursing care standards in all areas of nursing particularly of diseases that are common in Indonesia as a tropical and maritime country.</p>	<p>Competence:</p> <p>CLO 3. Providing comprehensive and continuous palliative nursing care and end-of-life care that ensures patient safety based on research findings and in accordance with palliative nursing care standards (C1).</p>	<p>Assignment :</p> <p>Case study report : Students are asked to compile a nursing care report according to the palliative case obtained, using applicable nursing care standards.</p> <p>Clinical Skill Lab Mastery:</p> <p>Physical and physiological, spiritual and social assessment during palliative state.</p> <p>Objective Structured Clinical Examination (OSCE)</p>	<p>Rubric for Clinical Skill Lab Observation</p> <p>Rubric for Multiple Choice Questions</p> <p>Rubric for case study report</p> <p>Rubric for Presentation</p>

Intended Learning Outcomes	Course Module Objectives	List of Assessments	List of Rubrics
		Class participation	
	<p>CLO 4. Integrating research findings into palliative nursing care and end-of-life care (C1).</p>	<p>Assignment Students are given tasks to analyze evidence based nursing practice in palliative and endof-life care.</p> <p>Clinical Skill Lab Mastery: Pain management, wound and stomacare</p> <p>Objective Structured Clinical Examination (OSCE)</p> <p>Class participation</p>	<p>Rubric for Clinical Skill Lab Observation</p> <p>Rubric for Multiple Choice Questions</p> <p>Rubric for case study report</p> <p>Rubric for Presentation</p>

Proportion of assessment aspects according to the course learning outcomes.

No	Code	CLO	Sub CLO	Learning Method	Evaluation Method						Proporsi	
					Participatory Analysis	Project result	Assignment	Quis	OSCE	Final Test		
1	A	CLO 1	Sub CLO 1	Lectures, <i>small Group Discussion</i> .	Activeness in discussions and presentations 5%						Final test: MCQ 5 %	10%
			Sub CLO 2	Lectures, <i>small Group Discussion</i> .	Activeness in discussions and presentations 5%						Final test: MCQ 5 %	10%
2	K	CLO 2	Sub CLO 3	Lectures, <i>small Group Discussion</i> , case method	Activeness in discussions and presentations 5%		Assignment 1: case study report 10%				Final test: MCQ 5%	20%

3	C1	CLO 3	Sub CLO 4	<i>Small Group Discussion</i> , case method	Activeness in discussions and presentations 5%					Assignment 2: Case study report 10%		MCQ 5%	20%
			Sub CLO 5	<i>Small Group Discussion</i> , case method						Assignment 3: Case study report 10%		OSCE 7%	
4	C4	CLO 4	Sub CLO 6	SGD, group presentation					Assignment 4: Paper on trends and issues and EBNP 5%		OSCE 8%	MCQ 5%	18%
TOTAL					20%	0%	35%	0%	15%	30%	100%		

Example of Written Test Exam

Unnecessary or unwanted actions during sedation, including the application of ethical principles :(CLO1)

Justice

Non-Maleficence

Beneficence

Autonomy

A 56 year old woman was undergoing chemotherapy, 10 minutes later after the drug was put in, the patient complained of pain in the puncture area. The results of the study found pain on a scale of 5 like burning, redness, swelling and decreased infusion drops.

What is the first appropriate action for the nurse to take in the above case?

(CLO 4)

Retract the cannula

Stop cannula infusion

Aspirate blood from the cannula

Give antidote IV

Do massage on the hand area

A palliative patient with metastatic breast cancer has severe bone pain. Doctors prescribe opioids as a treatment for pain. As a nurse, the actions that must be taken are : **(CLO 6)**

Monitor side effects and patient response to opioid drugs

b. Give laxatives regularly to prevent constipation

c. Replace opioid drugs with non-opioid analgesics

d. Administer sleeping pills to help the patient sleep well