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Post	<i>Lecturer in Cardiopulmonal Physiotherapy, Physiotherapy study programme, Hasanuddin University</i>
Academic career	<p><i>PhD and Magister in Medical Science, Medical Faculty Hasanuddin University 2017-2021</i></p> <p><i>Bachelor and Professional degree in Physiotherapy Hasanuddin University 2011-2015</i></p>
Employment	<i>Lecturer Hasanuddin University 2022-present</i>
Research and development projects over the last 5 years	<p><i>Name of project or research focus:</i> <i>Correlation between Physical Activity and Ankle Brachial Index in Type 2 Diabetes Mellitus Patients in Makassar: A Cross-Sectional Study of Outpatients</i> <i>Period and any other information: Faculty of Nursing research grant 2023</i> <i>Amount of financing: Rp 10.000.000</i></p> <p><i>Name of project or research focus:</i> <i>Circadian Rhythm Dynamics of Badminton Players in Makassar City Who Practice in the Evening and in the Morning: A Study about Local And Hormonal Regulation</i> <i>Period and any other information: Hasanuddin University research grant 2023</i> <i>Partners, if applicable: dr Andi Aryandy, PhD (Medical Faculty of Hasanuddin University)</i> <i>Amount of financing: Rp 66.000.000</i></p> <p><i>Name of project or research focus:</i> <i>Dynamics of Limb Blood Flow in Healthy People and Patients with Chronic Renal Failure: Study of Local, Systemic, Metabolic, and Genetic Regulations</i> <i>The Ministry of Research, Technology and Higher Education of the Republic of Indonesia through PMDSU scholarship program reseach grant 2018-2020</i> <i>Partners, if applicable: Prof. dr Irawan Yusuf, PhD (Medical Faculty of Hasanuddin University)</i> <i>Amount of financing: Rp 180.000.000</i></p>
Industry collaborations over the last 5 years	<i>Name of project or research focus:</i>

	<p>Achieving Cardio-Lung Health in Children Through Detection and Education <i>Partner: Ar-Rahmah Preliminary School</i></p> <p><i>Name of project or research focus:</i> <i>Together with Physiotherapy Towards a Healthy and Fit Society</i></p>								
Patents and proprietary rights	<table border="0"> <thead> <tr> <th>Title</th> <th>Year</th> </tr> </thead> <tbody> <tr> <td><i>Article: Direct Effects of Carbon Dioxide-Rich Water Bathing on Peripheral Blood Flow</i></td> <td>2022</td> </tr> <tr> <td><i>Module: Motor skills, stress levels, and short term memory in adolescents</i></td> <td>2023</td> </tr> <tr> <td><i>Article: Analysis of the Exercise Zone and Vital Sign in Badminton Athletes and Non-Athletes who Practice in the Morning and Evening</i></td> <td>2023</td> </tr> </tbody> </table>	Title	Year	<i>Article: Direct Effects of Carbon Dioxide-Rich Water Bathing on Peripheral Blood Flow</i>	2022	<i>Module: Motor skills, stress levels, and short term memory in adolescents</i>	2023	<i>Article: Analysis of the Exercise Zone and Vital Sign in Badminton Athletes and Non-Athletes who Practice in the Morning and Evening</i>	2023
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Important publications over the last 5 years	<p>Andi Rizky Arbaim Hasyar, Noor Yasni Muchlis , Yahya Dwitama , Irfan Idris and Irawan Yusuf (2020). Malaysian Journal of Medicine and Health Sciences (eISSN 2636-9346) Direct Effects of Carbon Dioxide-rich Water Bathing on Peripheral Blood Flow</p> <p>Andi Rizky Arbaim Hasyar, Haerani Rasyid, Irfan Idris and Irawan Yusuf (2021). Effect of Artificial Carbon Dioxide-Rich Water Immersion on Peripheral Blood Flow in Healthy Volunteers: Preliminary Study about Artificial Carbon Dioxide-Rich Water), Open Access Macedonian Journal of Medical Sciences. 2021 Aug 03; 9(A):527-531. https://doi.org/10.3889/oamjms. 2021.6591eISSN: 1857-9655.</p> <p>Yammar Yammar., Annisa Suwahru., Andi Rizky Arbaim Hasyar., Irfan Idris., Irawan Yusuf & Haerani Rasyid (2021). Effect of Carbon Dioxide (CO2)-Rich Water Immersion on Changes of Peripheral Blood Flow in Patients with Kidney Disease,STRADA: Jurnal Ilmiah Kesehatan, Vol.10 No1(2021). (Translated) https://doi.org/10.30994/sjik.v10i1.618</p> <p>A Nur Pratiwi., Irfan Idris., Andi Ariyandy., Meutiah Mutmainnah Abdullah., & Andi Rizky Arbaim Hasyar (2023). The Effect Of Retrowalking Programme On Walking Pattern And Functional Ability In Knee Osteoarthritis Patients At Hasanuddin University Hospital, Eur. Chem. Bull. 2023,12(10), 302-314.</p>								

Activities in specialist bodies over the last 5 years	<i>Organisation</i>	<i>Role</i>	<i>Period</i>
	<i>Indonesian Association of Hasanuddin University Physiotherapy alumni</i>	<i>Member</i>	<i>2021-2026</i>