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Name	<i>Fadhia Adliah, S.Ft., Physio. M.Kes</i>		
Post	<i>Assistant Professor, Department of Physiotherapy, Faculty of Nursing, Hasanuddin University</i>		
Academic career	<i>Doctoral Degree</i>	<i>The University of Exeter (United Kingdom)</i>	<i>2022 (ongoing)</i>
	<i>Master of Health Science (Physiology)</i>	<i>Hasanuddin University</i>	<i>2014-2016</i>
	<i>Professional Physiotherapy</i>	<i>Hasanuddin University</i>	<i>2013-2014</i>
	<i>Bachelor of Physiotherapy</i>	<i>Hasanuddin University</i>	<i>2009-2013</i>
Employment	<i>Lecturer</i>	<i>Hasanuddin University</i>	<i>2017-now</i>
Research and development projects over the last 5 years	<p><i>COMFORT - Community-based fall prevention exercise programme with behaviour change technique and multimedia support for Indonesian older adults</i> <i>Status: Ongoing</i> <i>Partners: Faculty of Health and Life Sciences, The University of Exeter</i> <i>Period: 2023-2026</i></p> <p><i>BAST - Balance and Strength Tele-Exercise on Muscle Strength and Functional Mobility in Older Adults</i> <i>Status: completed</i> <i>Partners: Lembaga Kesejahteraan Sosial Lanjut Usia Yayasan Batara Hati Mulia Kab. Gowa</i> <i>Period: 2022</i></p>		
Industry collaborations over the last 5 years	<p><i>Balance and Strength Tele-Exercise (BAST) on Muscle Strength and Functional Mobility in Older Adults</i></p> <p><i>Partners: Lembaga Kesejahteraan Sosial Lanjut Usia Yayasan Batara Hati Mulia Kab. Gowa</i></p>		
Patents and proprietary rights	<i>Home Exercise Program untuk menurunkan risiko jatuh pada lansia</i>		<i>2022</i>

<p>Important publications over the last 5 years</p>	<ol style="list-style-type: none"> 1. Adliah, F., Rini, I., Natsir, W., & Sari, T. (2023). <i>Effects of Balance and Strength Tele-Exercise (BAST) on Muscle Strength and Functional Mobility in Older Adults</i>. <i>Jurnal Ilmiah Kesehatan Sandi Husada</i>, 12(1), 25-32. https://doi.org/10.35816/jiskh.v12i1.858 2. Kadir, M.I., Hardiyanty, N., Adliah, F (2021). <i>A Pilot Study of the Effect of Otago Exercise Program on Fall Risk and Quality of Life of Older Women</i>. <i>Physical Therapy Journal of Indonesia</i> 2(1): 1-4. DOI: 10.51559/ptji.v2i1.16 3. Adliah, F., Puspita, A., & Sutono, E. (2020). <i>Comparison between core exercise program with pilates exercise program in weight changes in overweight students</i>. <i>Enfermeria clinica</i>, 30 Suppl 6, 300-303. https://doi.org/10.1016/j.enfcli.2020.06.067 4. Yudi Hardianto, Rijal, Fadha Adliah (2020). <i>Effectiveness of Implementation of House Based Stroke Rehabilitation Program in Makassar (Gambaran Efektivitas Penerapan Program Rehabilitasi Stroke Berbasis Rumah di Kota Makassar)</i>. Vol 11, No, 1, Juni 2020, pp; 18- 23p-ISSN: 2354-6093 dan e-ISSN: 2654-4563 DOI: 10.35816/jiskh.v10i2.210 <i>Jurnal Ilmiah Kesehatan Sandi Husada</i> 5. Rijal, Hardianti, Adliah, F (2019) <i>Pengaruh Pemberian Kombinasi Kegel Exercise dan Bridging Exercise Terhadap Perubahan Frekuensi Inkontinensia Urin Pada Lanjut Usia Di Yayasan Batara Hati Mulia Gowa (The Effect of Giving Kegrel Exercise and Bridging Exercise Combinations on Changes in the Frequency of Urinary Incontinence in the Elderly at Batara Hati Mulia Gowa Foundation)</i>. Vol. 9, No.1, 2019 <i>Jurnal Ilmiah Kesehatan Sandi Husada</i> 						
<p>Activities in specialist bodies over the last 5 years</p>	<table border="0" style="width: 100%;"> <thead> <tr> <th style="text-align: left; width: 33%;"><i>Organisation</i></th> <th style="text-align: left; width: 33%;"><i>Role</i></th> <th style="text-align: left; width: 33%;"><i>Period</i></th> </tr> </thead> <tbody> <tr> <td colspan="3"><i>Membership without a specific role need not be mentioned</i></td> </tr> </tbody> </table>	<i>Organisation</i>	<i>Role</i>	<i>Period</i>	<i>Membership without a specific role need not be mentioned</i>		
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