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Post	<i>Lecturer, Department of Physiotherapy</i>		
Academic career	<i>Doctoral Degree</i>	<i>Hasanuddin University</i>	<i>2019-2021</i>
	<i>Master Degree (Physiology)</i>	<i>Hasanuddin University</i>	<i>2013-2015</i>
	<i>Bachelor Degree and Professional of Physiotherapy</i>	<i>Hasanuddin University</i>	<i>2008-2012</i>
Employment	<i>Lecturer</i>	<i>Hasanuddin University</i>	<i>2019 - now</i>
Research and development projects over the last 5 years	<i>The Effects of the Task Balance Training Program on the Glial Cell Line-Derived Neurotrophic Factor Levels, Cognitive Function, and Postural Balance in Old People. (2022). MM Abdullah, AW Sinrang, D Aras, J Tammasse.</i>		
Industry collaborations over the last 5 years	<i>Core Strength Training Terhadap Perubahan Nyeri dan Activity Daily Living Pada Penderita Low Back Pain.</i> <i>Partner: Klinik Prima Physio, Makassar.</i>		
Patents and proprietary rights	- <i>Modul Kemampuan Motorik, Tingkat Stres, Dan Memori Jangka Pendek Pada Remaja</i>		<i>2023</i>
	- <i>Program Brain-Breaks Berbasis Aktivitas Fisik Untuk Peningkatan Fungsi Kognitif</i>		<i>2023</i>
	- <i>Modul Core Strength Training Pada Nyeri Punggung Bawah (Low Back Pain)</i>		<i>2022</i>
	- <i>Analisis Zona Latihan Dan Vital Sign Pada Atlet Dan Non Atlet Bulutangkis Yang Berlatih Pagi Dan Malam Hari</i>		<i>2023</i>
Important publications over the last 5 years	<i>Efektivitas Backward Walking Program terhadap Perubahan Kontrol Postural dan Risiko Jatuh pada Lansia di Lembaga Kesejahteraan Sosial Batara Hati Mulia Kabupaten Gowa. (2023). UW Arsal, D Aras, A Ariyandy, MM Abdullah. Malahayati Nursing Journal 5 (8), 2835-2844</i>		
Activities in specialist bodies over the last 5 years	-		