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Name	<i>Rijal, S.Ft., Physio, M.Kes., M. Sc., PH</i>		
Post	<i>Lecturer, Department of Physiotherapy</i>		
Academic career	<i>Doctoral Degree</i>	<i>National Taiwan University (Taiwan)</i>	<i>2021-now</i>
	<i>Master of Science (International Public Health)</i>	<i>Griffith University (Australia)</i>	<i>2014-2015</i>
	<i>Master Degree (Physiology)</i>	<i>Hasanuddin University</i>	<i>2010-2012</i>
	<i>Bachelor Degree and Professional of Physiotherapy</i>	<i>Hasanuddin University</i>	<i>2005-2007</i>
	<i>Diploma of Physiotherapy</i>	<i>Health of Polytechnic</i>	<i>1999-2002</i>
Employment	<i>Lecturer</i>	<i>Hasanuddin University</i>	<i>2018 - now</i>
Research and development projects over the last 5 years	<ol style="list-style-type: none"> <i>Alimuddin SR, Rijal, Sadmita S (2019) The Relationship between Body Mass Index and Body Fat Composition and Foot Arch among Osteoarthritis Patients. Journal of Enfermeria clinica. Elsevier</i> <i>Rijal, Lestari NT, Rini I (2019) The correlation between the gadgets and the cervical muscle tension among the community of gamers. Journal of Enfermeria clinica. Elsevier</i> <i>Rijal, Hardianti, Adliah, F (2019) Pengaruh Pemberian Kombinasi Kegel Exercise dan Bridging Exercise Terhadap Perubahan Frekuensi Inkontinensia Urin Pada Lanjut Usia Di Yayasan Batara Hati Mulia Gowa (The Effect of Giving Kegel Exercise and Bridging Exercise Combinations on Changes in the Frequency of Urinary Incontinence in the Elderly at Batara Hati Mulia Gowa Foundation). Vol. 9, No.1, 2019 Jurnal Ilmiah Kesehatan Sandi Husada</i> <i>Rijal, Amaliah, (2019). Improving Range of Motion Of Lumbar Joint By Applying Motor Control exercises In Non-Specific Low Back Pain</i> <i>Yudi Hardianto, Rabia Rabia, Rijal, Syahrul (2020). The physical activity level of adolescents and its correlation with the nutritional and socioeconomic status in Indonesia. Journal of Enfermeria clinica. Elsevier</i> <i>Yudi Hardianto, Rijal, Fadhia Adliah (2020). Effectiveness of Implementation of House Based Stroke Rehabilitation Program in Makassar (Gambaran Efektivitas Penerapan Program Rehabilitasi Stroke Berbasis Rumah di Kota Makassar). Vol 11, No, 1, Juni 2020, pp; 18- 23p-ISSN: 2354-6093 dan e-ISSN: 2654-4563 DOI: 10.35816/jiskh.v10i2.210 Jurnal Ilmiah Kesehatan Sandi Husada</i> <i>Rijal Rijal ; Andi Masyitha Irwan ; I Putu Gde Surya Adhitya ; 趙祖政 (Tsu-Cheng Chao) ; 柴惠敏(Huei-Ming Chai) (2021):【論文摘要】The Risk Factors for Rounded Shoulder Posture in Office Workers: A Systematic Review and Meta-Analysis.【論文摘要】上班族圓肩姿勢之危險因子研究:系統性回顧</i> 		

	<p>與統合分析 物理治療 ; 46卷4期 (2021 / 12 / 01) , P294 - 295英文 DOI: 10.6215/FJPT.202112.O20</p> <p>8. Rijal Rijal; Yi-Cheng Lin; Nian-Wei Lee; Huei-Ming Chai1 (2022); Surveillance of Upper Extremity Musculoskeletal Discomfort in Workers at Laboratory Animal Center DOI:10.6215/FJPT.202206.P49</p> <p>9. Rijal Rijal, Fam Shan, Rabia Rabia, Prof. Huei-Ming Chai (2022); The efficacy of scapular stabilization exercises for Rounded Shoulder Posture (RSP): a systematic review and meta-analysis</p> <p>10. Kao, H. H., Rijal, R., & Chai, H. M. (2022). Reliability of ultrasonographic measurement of the length of the gastrocnemius muscle-tendon unit using a panoramic view</p>
Industry collaborations over the last 5 years	<p>Yudi Hardianto, Rabia Rabia, Rijal, Syahrul (2020). The physical activity level of adolescents and its correlation with the nutritional and socioeconomic status in Indonesia. <i>Journal of Enfermeria clinica</i>. Elsevier</p> <p>Partner: Senior High School 21, Makassar.</p>
Patents and proprietary rights	<ul style="list-style-type: none"> - Buku Panduan/ Petunjuk: Tata Laksana 2019 Aktifitas Fisik Melalui Latihan Plyometric di SMA Negeri 21 Makassar - Buku Panduan/ Petunjuk: Mmanajemen 2019 Fisioterapi Musculoskeletal
Important publications over the last 5 years	<ol style="list-style-type: none"> 1. Rijal, Hardianti, Adliah, F (2019) Pengaruh Pemberian Kombinasi Kegel Exercise dan Bridging Exercise Terhadap Perubahan Frekuensi Inkontinensia Urin Pada Lanjut Usia Di Yayasan Batara Hati Mulia Gowa (The Effect of Giving Kegel Exercise and Bridging Exercise Combinations on Changes in the Frequency of Urinary Incontinence in the UUlderly at Batara Hati Mulia Gowa Foundation). Vol. 9, No.1, 2019 <i>Jurnal Ilmiah Kesehatan Sandi Husada</i> 2. Yudi Hardianto, Rabia Rabia, Rijal, Syahrul (2020). The physical activity level of adolescents and its correlation with the nutritional and socioeconomic status in Indonesia. <i>Journal of Enfermeria clinica</i>. Elsevier 3. Rijal, Lestari NT, Rini I (2019) The correlation between the gadgets and the cervical muscle tension among the community of gamers. <i>Journal of Enfermeria clinica</i>. Elsevier 4. Rijal Rijal, Fam Shan, Rabia Rabia, Prof. Huei-Ming Chai (2022); The efficacy of scapular stabilization exercises for Rounded Shoulder Posture (RSP): a systematic review and meta-analysis
Activities in specialist bodies over the last 5 years	<p>Recently I am developing a novelty measurement for rounded shoulder posture by using ultrasonography and also developing a new concept in creating scapular stabilization using deep scapular muscle exercises and applying Kinesio Tape methode for people with rounded shoulder posture</p>