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Name	<i>Riska Nur'amaliah, S.Ft., Physio., M.Biomed</i>		
Post	<i>Lecturer, Department of Physiotherapy</i>		
Academic career	<i>Master of Biomedical</i>	<i>Gajah Mada University</i>	<i>2017-2019</i>
	<i>Professional of Physiotherapy</i>	<i>Hasanuddin University</i>	<i>2015-2016</i>
	<i>Bachelor of Physiotherapy</i>	<i>Hasanuddin University</i>	<i>2011-2015</i>
		<i>Hasanuddin University</i>	
Employment	<i>Lecturer</i>	<i>Hasanuddin University</i>	<i>2020-Now</i>
Research and development projects over the last 5 years	<p><i>Name of project or research focus</i></p> <ol style="list-style-type: none"> <li><i>1. Riska (2019). Effects Of Curcumin on Spatial Memory of Hippocampus in A Trimethyltin-Induced Rat Model of Dementia</i></li> <li><i>2. Riska (2019). Association between body composition and physical performance in older age.</i></li> <li><i>3. Riska (2019). The effect of curcumin on memory deficit and oxidative stress in a trimethyltin-induced rat model of Alzheimer type dementia (ISBN: 978-602-386-359-4).</i></li> <li><i>4. Riska, Mutmainnah, (2022). BALANCE TRAINING AND ANKLE STRATEGY EXERCISE FOR THE ELDERLY</i></li> <li><i>5. Rijal, Amaliah, (2019). Improving Range of Motion Of Lumbar Joint By Applying Motor Control exercises In Non-Specific Low Back Pain</i></li> <li><i>6. Riska, Rabia, (2021). Physical Activity and Exercises Physical for The Elderly</i></li> </ol>		
Industry collaborations over the last 5 years	<p><i>Project title: Participation in Community Service Activities Education Program Physical Activities and Exercises for the Elderly and Assistance for the Elderly.</i></p> <p><i>Partners: Batara Hati Mulia Posbindu, Gowa Regency</i></p>		
Patents and proprietary rights	<i>Modul: Modul Pelatihan Dan Edukasi Latihan Multimodal Dalam Meningkatkan Keseimbangan Postural</i>		<i>2021</i>
	<i>Buku: LIFETIME REVIEW DAN PLAY PLYOMETRIC GAMES UNTUK LANSIA</i>		<i>2023</i>
	<i>Buku Saku: LATIHAN KESEIMBANGAN DAN ANKLE</i>		<i>2022</i>

	<p>STRATEGY EXERCISE UNTUK LANSIA</p> <p>Buku Saku: AKTIVITAS FISIK DAN LATIHAN FISIK UNTUK LANSIA</p> <p style="text-align: right;">2021</p>
<p>Important publications over the last 5 years</p>	<ol style="list-style-type: none"> <li>1. Abdullah, M. M., &amp; Nur'amalia, R. (2022). Pelatihan Aktivitas Fisik Multimodal Sebagai Upaya Peningkatan Keseimbangan Tubuh pada Lansia. <i>Jurnal Altifani Penelitian Dan Pengabdian Kepada Masyarakat</i>, 2(1), 39–47. <a href="https://doi.org/10.25008/altifani.v2i1.194">https://doi.org/10.25008/altifani.v2i1.194</a></li> <li>2. Abdullah, M. M., Nur'amalia, R., Zulvina, W. M., Adhim, Z. M., &amp; Herdin, H. (2022). Core Strength Training Terhadap Perubahan Nyeri dan Activity Daily Living Pada Penderita Low Back Pain. <i>Jurnal Ilmiah Kesehatan Sandi Husada</i>, 494–504. <a href="https://doi.org/10.35816/jiskh.v11i2.820">https://doi.org/10.35816/jiskh.v11i2.820</a></li> <li>3. Aktivitas Fisik, G., dan Kebugaran Kardiorespirasi, K., Nur'amalia dkk, R., dan Kebugaran Kardiorespirasi pada Lansia, K., Nur'amalia, R., Mutmainnah Abdullah, M., Khaerah Dzakirah, M., &amp; Ruhama, Y. (2022). Overview of Physical Activity, Balance, and Cardiorespiratory Fitness of the Elderly. <i>Jurnal Fisioterapi Dan Rehabilitasi</i>, 6(2).</li> <li>4. Maha, H., Nusantara, P., Chaerani, N., Aulia, A. D., &amp; Nur'amalia, R. (2022). Terapi Aktivitas Lansia melalui Plyometric Exercise sebagai Upaya Pencegahan Risiko Jatuh di Posbindu Batara Hati Mulia, Kab.Gowa. 2(5), 434–439. <a href="https://doi.org/10.25008/altifani.v2i5.270">https://doi.org/10.25008/altifani.v2i5.270</a></li> <li>5. Nur'amalia, R., Mutmainnah, M., Lestari, A. I., &amp; Sulastri, S. (2022). Pengaruh Latihan Kesimbangan dan Ankle Strategy Exercise Terhadap Risiko Jatuh Pada Lansia. <i>Jurnal Ilmiah Kesehatan Sandi Husada</i>, 424–430. <a href="https://doi.org/10.35816/jiskh.v11i2.803">https://doi.org/10.35816/jiskh.v11i2.803</a></li> <li>6. Nur'amalia, R., Rabia, R., Riswana, R., Adhim, Z. M., &amp; Mahaputra, H. (2022). Pelatihan Aktivitas Fisik dan Latihan Fisik pada Lansia Berbasis Video Edukasi. <i>Jurnal Altifani Penelitian Dan Pengabdian Kepada Masyarakat</i>, 2(2), 132–137. <a href="https://doi.org/10.25008/altifani.v2i2.211">https://doi.org/10.25008/altifani.v2i2.211</a></li> <li>7. Ysrafil, Y., Astuti, I., Mus, R., Gama, N. I., Rahmaisyah, D., &amp; Nur'Amalia, R. (2020). A summary of coronavirus disease 2019: What we should know? In <i>Pharmaceutical Sciences (Vol. 26, pp. S24–S35)</i>. Tabriz University of Medical Sciences. <a href="https://doi.org/10.34172/PS.2020.82">https://doi.org/10.34172/PS.2020.82</a></li> <li>8. Ysrafil, Y., Mus, R., Gama, N. I., Rahmaisyah, D., &amp; Nur'amalia, R. (2021). Emerging mutation in SARS-CoV-2 spike: Widening distribution over time in different geographic areas. <i>Biomedical Journal</i>, 44(5), 570–581. <a href="https://doi.org/10.1016/j.bj.2021.07.003">https://doi.org/10.1016/j.bj.2021.07.003</a></li> </ol>

Activities in specialist bodies over the last 5 years	<i>Organisation</i>	<i>Role</i>	<i>Period</i>
	<i>Keluarga Alumni Univ. Gadjah Mada</i>	<i>Member</i>	<i>2019-Now</i>
	<i>(KAGAMA)</i>	<i>Member</i>	<i>2015-Now</i>
	<i>Ikatan Fisioterapi cabang Makassar</i>	<i>Member</i>	<i>2012-Now</i>
	<i>HMI komisariat Kedokteran Univ. Hasanuddin</i>		