

Module Description: Psychiatric and Mental Health Nursing

Module designation	Course Module
Semester(s) in which the module is taught	IX
Person responsible for the module	Akbar Harisa, S.Kep., Ns., PMNC., MN. (AH) (Coordinator) Prof. Dr. Ariyanti Saleh, SKp.,M.Si. (AS) Nurlaila Fitriani, S.Kep., Ns., M.Kep., Sp.Kep.J (NF) Dr. Hastuti, S.Kep., Ns., M.Kes (HS)
Language	Bilingual, Bahasa Indonesia and English
Relation to Curriculum	This course is a compulsory course and offered in the 9 th semester.
Teaching Methods	Teaching methods used in this course are: 1. Conference 2. Clinical tutorial 3. One-Minute Preceptorship (OMP) 4. Case Based Discussion 5. Project Based Learning 6. Small Group Discussion (SGD) 7. Bedside teaching 8. Seminar 9. Integrated presentation The class size for lecture is approximately 11 students.
Workload (incl. contact hours, self-study hours)	Contact hours for field practice are 106.6 hours, assignments are 32 hours, and private study are 32 hours. For this course, students are required to meet a minimum of 90,67 hours in one semester, which consist of: 1. 106.6 hours (equals with 0.88 ECTS) for field practice, 2. 32 hours (equals with 1.06 ECTS) for structured assignments, 3. 32 hours (equals with 1.06 ECTS) for private study.
Credit points	2 credit points (equivalent with 3.56 ECTS)
Required and recommended prerequisites for joining the module	Fundamental of Nursing Practice
Module objectives/intended learning outcomes	After completing the course students will be: Attitude: CLO1: Students are able to decide on aspects of ethical, legal and culturally sensitive principles in providing mental nursing care to clients and families in the MPKP room. (A) Competence: CLO2: Students are able to apply mental nursing care based on research results on clients and families at MPKP. (C1) CLO3: Students are able to carry out therapeutic communication with patients with mental health problems in clients and families in the MPKP room. (C2) CLO4: Students are able to manage mental nursing care holistically in collaboration with fellow health professionals and others appropriately,

	<p>quickly and accurately according to the principles of mental health nursing. (C3)</p> <p>CLO5: Students are able to improve the quality of nursing and health services by applying critical skills of EBP interventions & Research Articles by integrating theory into nursing practice. (C4)</p>
Content	<p>Students will learn about:</p> <ol style="list-style-type: none"> 1. Implement mental nursing care through therapeutic and effective communication. 2. Apply nursing care to patients with amok conditions 3. Apply nursing care to patients with suicide risk nursing problems 4. Apply nursing care to patients with self-care deficit nursing problems 5. Apply nursing care to patients with social isolation nursing problems 6. Apply nursing care to patients with nursing problems at risk of violent behavior 7. Applying nursing care to patients with nursing problems thought process disorders: delusions 8. Applying nursing care to patients with chronic low self-esteem nursing problems 9. Applying nursing care to patients with sensory perception nursing problems: hallucinations 10. Practice managerial roles in the MPKP room (as room head, team leader and executive nurse. 11. Carrying out group activity therapy (TAK) socialization, TAK increasing self-esteem, TAK reality orientation and/or TAK sensory perception stimulation
Examination forms	Comprehensive examination and Objective Structured Clinical Examination (OSCE)
Study and examination requirements	<ol style="list-style-type: none"> 1. Students must attend 15 minutes before the class starts. 2. Students must inform the lecturer if they will not attend the class due to sickness, etc. 3. Students must submit all class assignments before the deadline. 4. Students must attend all classes of clinical skill practice. 5. Students must attend the exam to get final grade. 6. Students must get final mark minimum of 40
Reading list	<ol style="list-style-type: none"> 1. Carson, V.B. (2000). <i>Mental Health Nursing: The nurse-patient journey</i>. (2th ed.). Philadelphia: W.B. Saunders Company. 2. Fortinash, K..M., &Holoday W. P.A. (2006). <i>Pscyciatric nursing care plans</i>, St. Louis, Mosby Your Book. 3. Frisch N.,& Frisch A. (2011). <i>Psychiatric mental health nursing</i>. 4 ed. Australia: Delmar CENGAGE learning. 4. Gail Williams, Mark Soucy. (2013). <i>Course Overview - Role of the Advanced Practice Nurse & Primary Care Issues of Mental Health/Therapeutic Use of Self</i> . School of Nursing, The University of Texas Health Science Center at San Antonio. 5. Halter MJ. (2014). <i>Varcarolis' Foundations of Psychiatric Mental Health Nursing: A Clinical Approach</i>. 7th edition. Saunders: Elsevier Inc.

	<ol style="list-style-type: none"> 6. Keliat, dkk. (2014). Modul BC-CMHN. TIM CMHN : FIK UI. 7. Keliat, dkk. (2014). Modul M P K P J i w a . TIM : FIK UI. 8. Herman, T.H. & Kamitsuru, S. (2014). <i>NANDA International Nursing Diagnoses : Definition & Clasificatian, 2015 – 2017</i>. Oxford : Wiley Blackwell. 9. Marry Ann Boyd. (2002). <i>Psychiatric Nursing Contemporary Practice</i>, second edition. 10. Noren Cavan Frisch & Lawrence E Frisch. (2007). <i>Psychiatric Mental Health Nursing</i>, third edition. New York: Thomson Delmar Learning. 11. Sheila L. Videbeck. (2011). <i>Psychiatric Mental Health Nursing</i>, fifth edition. Philadelphia: Wolters Kluwer, Lippincot William & Wilkins. 12. Stuart, G.W.T., Keliat B.A., Pasariibu J. (2016). <i>Prinsip dan Praktik Keperawatan Kesehatan Jiwa Stuart</i>. Edisi Indonesia 10. Mosby: Elsevier (Singapore) Pte Ltd. 13. Stuart & Laraia. (2009). <i>Principles and practices of psychiatric nursing</i>. St. Louis. Mosby. 14. Townsend, Mary C. (2009). <i>Psychiatric Mental Health Nursing: Concept of Care in Evidence Based Practise (6thEd)</i>. F.A. davis Company. 15. Suryani (2014). <i>Komunikasi terapeutik: Teori dan Praktik</i>. Jakarta: EGC. 16. American Psychological Association. (2009). <i>Publication Manual of The American Psychological Association (6th ed)</i>. Washington, DC: The American Psychological Association.
Cluster of Competence	Nursing Clinical Sciences and Skills
Form of Assessments	<ul style="list-style-type: none"> - Portfolio (preliminary report, case report: nursing care/resume, Critical Incident Report, case reflection); Activity Daily Living (30%) - Case reports based on review of articles from reputable national or international journals SINTA and implementation of research results (10%) - Health education proposals, educational media and health education reports (10%) - Skill achievement target through clinical skills, namely observation and independent action with supervision (10%) - OSCE skill stations (30%) - Report on analysis of ethical, legal and culturally sensitive applications in cases (5%) - Professional behavior and appearance (5%)
Date of last amendment made	May 2023

Course Learning Outcome Assessment of Learning Outcomes for Course Modules

Course Module Name : Psychiatric and Mental Health Nursing
Code : 21R01411902
Semester : IX
Person responsible for the module : Akbar Harisa, S.Kep., Ns., PMNC., MN. (AH) (coordinator).
Lecturers : 1. Prof. Dr. Ariyanti Saleh, SKp.,M.Si. (AS)
 2. Nurlaila Fitriani, S.Kep., Ns., M.Kep., Sp.Kep.J (NF)
 3. Dr. Hastuti, S.Kep., Ns., M.Kes (HS)

Intended Learning Outcomes	Course Module Objectives	List of Assessments	List of Rubrics
Attitude (A): Devoted to God Almighty, maritime spirited, shows professional attitudes, ethical principles, legal and cultural perspectives in nursing.	Attitude: CLO1: Students are able to apply mental nursing care based on research results on clients and families at MPKP.	Report of case analysis Professional appearances	Rubric for case analysis Rubric for professional appearances
Competence (C): Able to manage comprehensive and sustainable nursing care that guarantees client safety (patient safety) based on research results according to nursing care standards in all nursing areas in accordance with their authority, especially diseases that are common in Indonesia as a tropical and maritime country through lifelong learning. (C1)	Competence (C): CLO2: apply pediatric nursing care based on research results to children of various age levels in the context of family in the intensive care unit	1. Portfolio (preliminary report, case report: nursing care/resume, Critical Incident Report, case reflection) 2. Report of Activity Daily Living 3. Case reports based on review of articles and implementation of research results 4. Health education proposals 5. Skill achievement target 6. OSCE skill stations 7. Seminar	Rubric for portfolio Rubric for Presentation Rubric for case report Rubric for health education

Intended Learning Outcomes	Course Module Objectives	List of Assessments	List of Rubrics
<p>Able to carry out therapeutic communication with clients and provide accurate information to clients and/or family/companions/advisors to obtain nursing approval for which they are responsible. (C2)</p> <p>Able to manage the nursing service system in one ward unit within the scope of responsibility through collaboration with fellow nurses, other professionals and community groups to reduce morbidity rates, improve lifestyles and a healthy environment. (C3)</p> <p>Able to improve the quality of nursing and health services by applying research skills and integrating theory into nursing practice. (C4)</p>	<p>CLO3: Students are able to carry out therapeutic communication with patients with mental health problems in clients and families in the MPKP room.</p> <p>CLO4: Students are able to manage mental nursing care holistically in collaboration with fellow health professionals and others appropriately, quickly and accurately according to the principles of mental health nursing.</p> <p>CLO5: Students are able to improve the quality of nursing and health services by applying critical skills of EBP interventions & Research Articles by integrating theory into nursing practice.</p>		

Proportion of Assessment Aspects According to the Course Learning Outcomes

No	Code	CLO	Sub CLO	Learning Method	Metode Evaluasi						Proporsi	
					Participatory Analysis	Project result	Assignment	Quis	Mid-test	Final Test		
1	A	CLO 1	Sub CLO 1	Project Based Learning Case Based Discussion	-	-	Report on analysis of ethical, legal and culturally sensitive applications in cases (5%)	-	-	-	5%	
					-	-	Professional behavior and appearance (5%)	-	-	-	5%	
2	C	CLO 2	Sub CLO 2	<ul style="list-style-type: none"> - Conference - Clinical tutorial - One-Minute Preceptorship (OMP) - Case Based Discussion - Project Based Learning - Small Group Discussion (SGD) - Bedside teaching - Seminar - Integrated presntation 	Portfolio (preliminary report, case report: nursing care/resume, Critical Incident Report, case reflection); Activity Daily Living (30%)	-	-	-	-	-	30%	
			Sub CLO 3		-	Case reports based on review of articles and implementation of research results (10%)	-	-	-	-	10%	
		CLO 3	Sub CLO 4		-	-	Health education proposals, educational media and health education reports (10)	-	-	-	-	10%
		CLO 4	Sub CLO 5		-	-	Skill achievement target through clinical skills (10%)	-	-	-	-	10%

		CLO 5	Sub CLO 6		-	-	Skill achievement target through clinical skills (10%)	-	-	-	10%
					-	-		-	-	OSCE skill stations	20%
TOTAL					30%	10%	40%			20%	100%

